



CARDIFF JUNIOR TRIATHLON CLUB

CLWB TRIATHLON IEUENCTID CAERDYDD

Codes of Conduct: Parent code

Parents are expected to:

1. Inform the club of any health concerns relevant to your child. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions
2. Ensure the club has up to date contact details for you and any alternative person
3. Deliver and collect your child punctually to and from coaching sessions
4. Ensure your child is properly and adequately attired for the training session/events including all required equipment i.e. helmets, goggles, water bottle for keeping hydrated etc.
5. Inform the coach before a session if your child is to be collected early from a coaching session and if so by whom
6. Encourage your child to learn the rules and play within them and teach them that they can only do their best. **Never** force your child to take part in sport
7. Enforce positive behaviours such as good sportsmanship and respect. Discourage unfair play and arguing with officials
8. Do not negatively compare your child's achievements against those of other club members. Help your child to recognise good performance, not just results
9. Never punish or belittle a child for losing or making mistakes
10. Behave responsibly as a spectator at training and events and treat children, coaches, committee members and parents of your club with due respect meeting the club commitment to equality, diversity and inclusion and conduct
11. Ensure you do not use inappropriate language or behaviour within the club environment / training area / competition area
12. Show appreciation and support your child and all the team members displaying inclusive and supportive behaviours. Set a good example by recognising fair play and applauding good performances of all
13. Support the club coaches appropriately and raise any concerns you have in the correct manner according the policies of Cardiff Junior Triathlon Club Safeguarding Policy

14. Do not enter training / competition areas unless requested to do so or in an emergency. If you wish to have a discussion with the coach, please indicate this and then wait for an appropriate time if there is a session / race being held
15. Most of all help your child to enjoy the sport and achieve to the best of their ability

The club will undertake to:

- Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him/her
- Ensure good child protection and safeguarding guidelines are followed at all times to keep your child safe
- Ensure all activities are properly supervised / coached

The parent has a right to:

- Make a complaint to the club if they feel the club or a member of the club is not acting appropriately. Details of how to do this can be obtained from the club Welfare/Safeguarding Officer
- Make a complaint on behalf of their child to Welsh Triathlon